EXTRA GOOD

EXTRA GOOD PAPER

EXTRA GOOD SIZE

EXTRA GOOD WEIGHT

Lena Mason - England
Jan. 16 & 17 midnight exact
1890 - married Apr. 16 - 1910

7.40 P.M.
Jan. 6. 1928
Like wind over water
(like flame across low S.E.P.)

Thought of before
Nov. 19, 1930
There's never a dream that can't come true
Dream grandly then

Chapter One.

Three fields of evolution.

a. The Atom
b. The Form
c. The Ego.

Souls of Atoms. abridged S.D. Bottom 105; 112; 114; 122-125; 138; 286; 277-285; 562.

Chapter Two.

Father	1st Logos	Shiva	Dissolver of Forms.
Son	2nd "	Vishnu	Preserver of Forms
Holy Ghost.	3rd "	Brahmâ	Creator of Forms.

Seven Worlds or Planes.

1. Divine (Adi) } The field of Logic
2. Monadic (Anupadaka) } manifestation.

3. Spiritual (Atmic) } The field of super-normal
4. Intuitional (Buddhic) } evolution.

5. Mental (Manasic) }
6. Emotional (astral) } Normal physical evolution.
7. Physical. }

Read Introduction to Study in Consciousness.
"Revelations" in Messenger October 1909.
Three Outpourings in "Man Visible and Invisible."
Study in Consciousness 27.
Inner Life Vol. 2. "Building of the System"

Chapter III.

The Three Worlds.

1. Physical
2. Astral, Purgatory, Kamaloka.
3. Devachan, Heaven, Mental.

Read Manuals, "The Astral Plane" and "Devachan." "Ancient Wisdom" Chapters 1 to 5.
The Spheres from "Inner Life" Vol. 1. P. 172.

Chapter IV.

Man's Mortal Bodies.

1. Physical - Body of Action.
   a. Dense Physical.
   b. Etheric Double.
2. Astral - Body of Feeling
3. Mental - Body of Thought.

Read "Seven Principles of Man." "Man and his Bodies." "Death - and After."
The Mental Body from "Inner Life" Vol. 2. P. 87.

Chapter V.

Man's Immortal Bodies.

4. The Causal — or Intellectual.
5. The Spiritual — Buddhic or Bliss.
6. The Super-spiritual — Atmic.

References on Initiation.

Path of Discipleship, Chapter 3.
Growth of Soul. Chapters 14 and 15.
Path of Initiation. Chapter 6.

Chapter VI. and VII.

Manual "Reincarnation." Chapter in "Growth of Soul", "Popular Lectures;" "Ancient Wisdom" and "Occult Essays."
California Lecture - A. B. "How Past Lives are Seen" from Inner Life, Vol. 2, P. 145.
Inner Life, Vol. 2. Seventh Section.
Extracts from Vahan 177-178.
Study in Consciousness 101-103.
Growth of Soul 405-406. Sinb. 281 - 285.
Advanced Hindu Text Book, Chapter III

Chapter VIII.

Manual "Karma".
Inner Life Vol. II. Section 2.
Inner Life Vol. II. P. 43. "Karma in Heaven Life"
Growth of Soul. Chapter V. "Free will and Karma."
Birth and Evolution of Soul. Part Two.
Yogas of Action and Occultism by the Dreamer. Chapters I to VIII
Advanced Hindu Text Book, Chapter IV.

Chapter IX.

Three Threads of the Cord of Fate.

1. The Power to Think.
   Thought makes character.

2. The Power to Will.
   Will makes opportunities and attracts objects

3. The Power to Act.
   Our actions affecting others cause a re-action of a similar nature on ourselves.

Chapter X.

Thought Power. [illegible]

Thought Power Yoga Course

"Thought Control" Chapter X in Outer Court

Introduction to Yoga, Chapter X. — Lecture IV.

Chapter XI.

Perceptions, Outer Perceptions.

1. Visual; discrimination.
2. Vantage; direction.
3. Skin perception; mental attitudes.
   a. Shame; control of mind.
   b. Fear; control of action.
   c. Upward; Inhibition.
   d. [illegible]; [illegible].
   e. Shrinking; [illegible].
   f. [illegible]; [illegible].
4. [illegible]; desire for [illegible].

They are almost like the violet and wine
The hatred the March wind
Across the garden flows
The sun is in the ground
The snow is at the root
Tho the nights are cold and dark and windy
Is it a dream

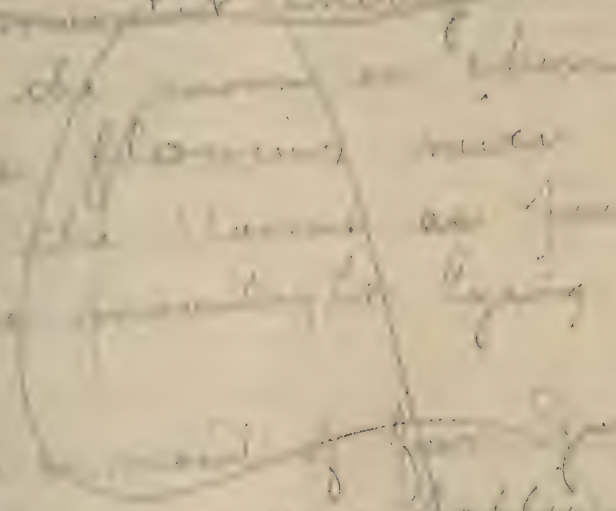
O world of March, how futile you have
Been the fields and wild with drifting
Could we imagine, if we had not known
How fast in August hollows
How close the ivy flies, how near to

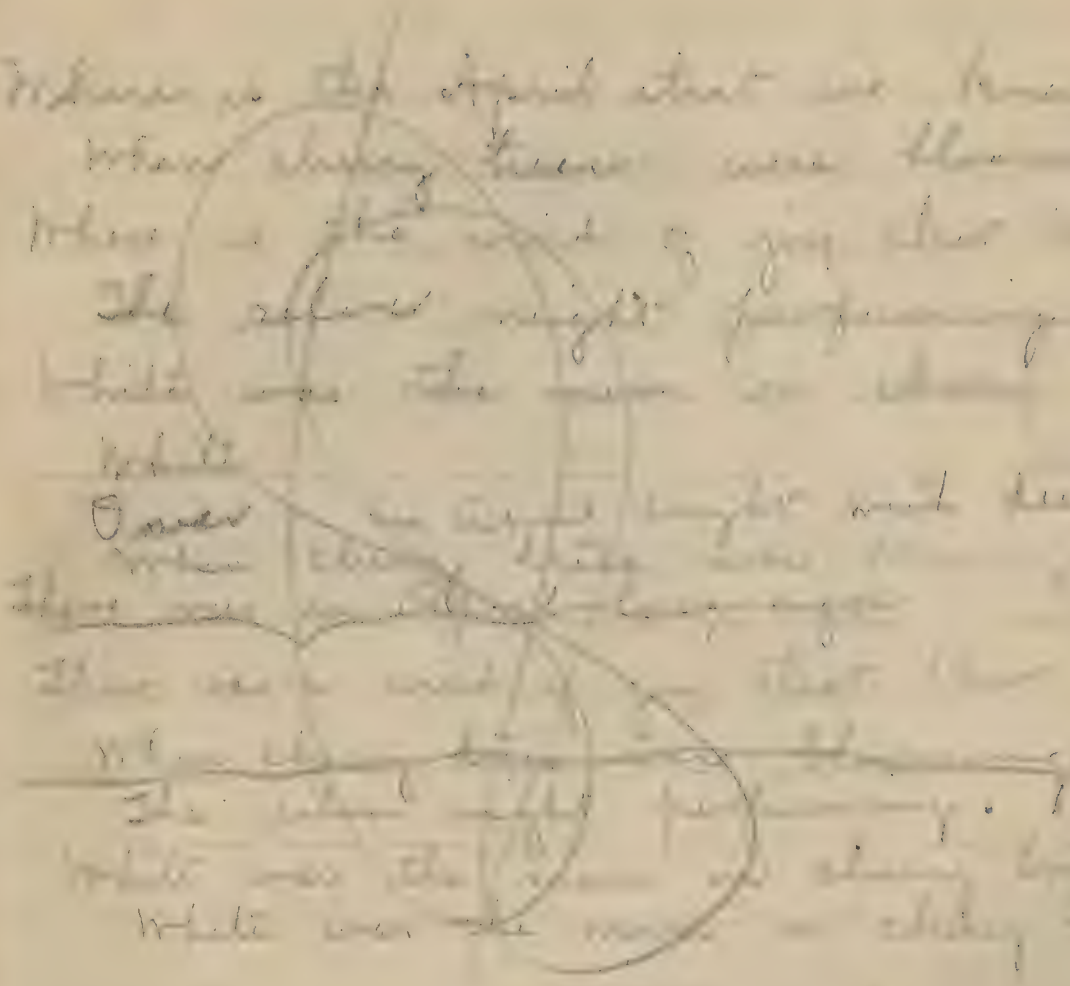
Lake me - Oct 11 1913

O world of March, for all your
For your blasts is a shout, your
For here and there
The earth has hen
To hide your melting
How close the tulips are,

10.25 A M (0.20) Sept 8 - 1922
meeting

When Clarence Was Born





11:25 A.M. (1:5-11)

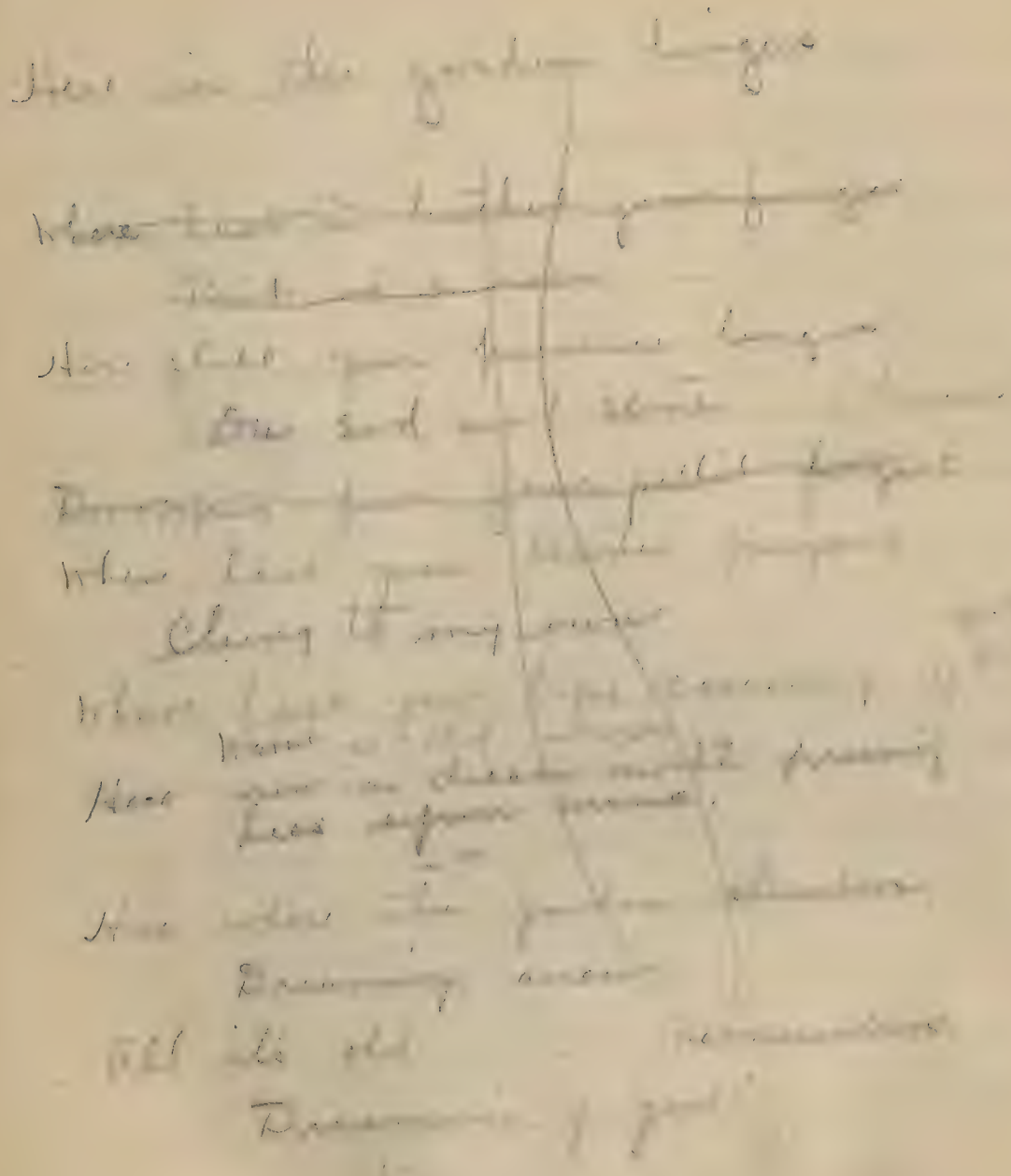
The Garden of Gods Love

I have a [illegible] plan
Where all who love the Lord may [illegible]
All sweet [illegible] friendly [illegible]
And all [illegible] with ecstasy
[illegible]
To [illegible] celestial melodies
And sing [illegible] for the beauty
For God truly is there

[illegible]
The golden island [illegible]
Where [illegible]
[illegible]
There the [illegible]
Beneath the [illegible]
Forever [illegible]

For

Our hymns of praise will rise at dawn,
At noon our hearts will sing
Glad [illegible] praise when day is gone
In heaven's new thanksgiving songs
Our dear [illegible] shall we move
The happy [illegible] fields of love.
[illegible]
And God [illegible]



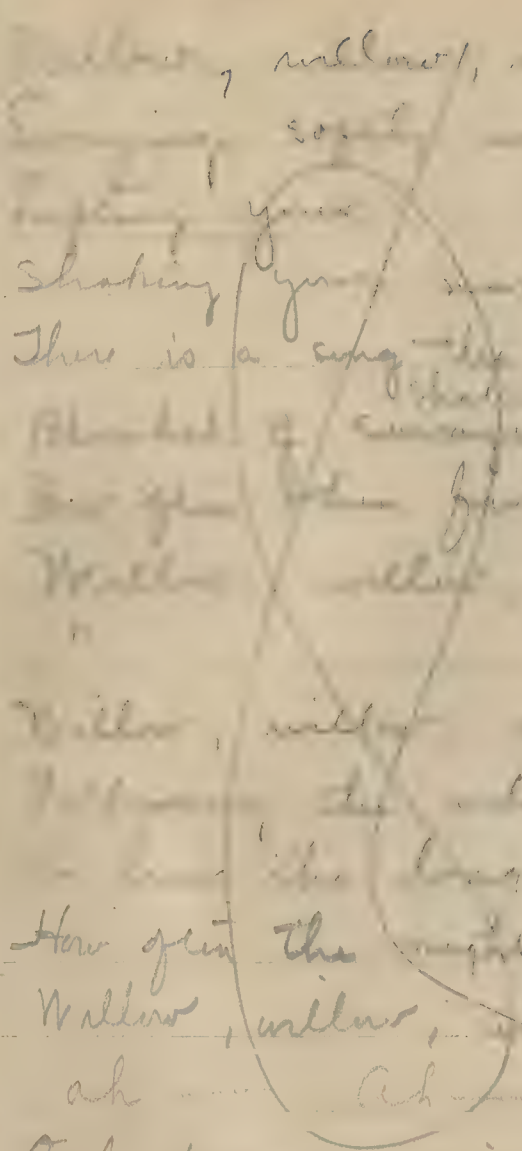
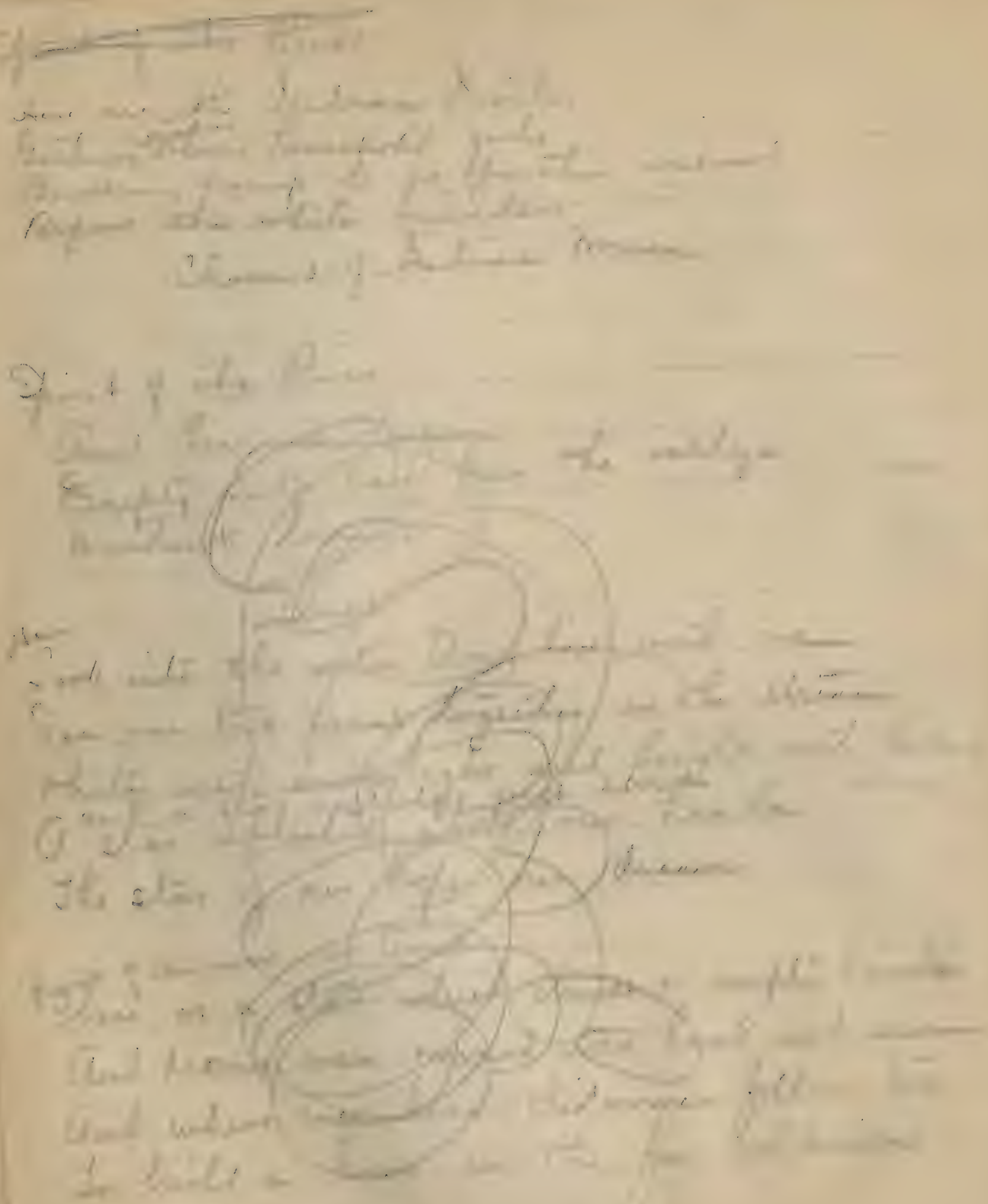
1926
49

Lowell
Sept 18, 1877. — Saturday night after midnight.

Night Magic

When last you touched my fingers
Clung to mine,
How white your features were
By fire and wine,
When last your lips were meeting
Pressed like mine,
How warm a human mouth pressing
Love upon love's.

Some where the [illegible]
Running past,
Here lost my long hoarded [illegible]
Visions of you,
Still while I wondered and thought you
Were warmer,
Night — my arms too [illegible]
Your as before



Sojourn Gathering

Poem of the Midnight Sun

The Midnight Sun

Poem from the Viking's Home

The Land of the Midnight Sun

Dr. Sato's Notes from Sojourn Gathering

from the Land of the Midnight Sun

The Viking Spirit

from the Viking's Home we come

The Land of the midnight sun

Final Chorus

Location of Visitors

Spirit of the River (Baritone)

There is a star which shines on empty caves
And lovers meet around the sea and woods
And when men lead their wives follow
To build a home in vale for wilderness.
So free as love. Empty
Without home.

Lover

1. The Lovers - Indian Chorus, mixed voices.
2. Chorus of Indian Women, with [illegible]
3. Spirit of the River
All [illegible] feet
See now the [illegible] Fractures
Gathering [illegible] Landslide goods [illegible]
Burning camp to go further westward
Before the Bellyfood Islands.

4. Chorus of Indian Women (3 parts) [illegible]
Willow, willow, willow;
Dipping your fingers in and out of the water;
How often I've seen children played in your
shadow;
How often I've seen canoes hidden in your
branches;
Willow, willow, willow.

10 Farewell of the Indian Mothers.
Female Chorus.

Song

Willow, willow, willow,
Following the wild deer's trail with smoky
footsteps,
We heard the long time hum of the forest.
Early remain to see the misty vision of
night —
Willow, willow, willow.

Willow, willow, willow,
Here is a song the wind sings in passing
through the shaking leaves and ~~running~~ running
of the river for my ~~dull~~ dull ears.
Willow, willow, willow.

Burial of the Last Chief of Dakotas

Mar 2. 1927 about 4 P.M.
The end of the long road

4. Spirit of Rice

in words remember
a
With no sinner need of
Could I see you once again clear
sharply outlined

I wonder why a dream should be
So mystical, so strange a thing
Although it calls to day and night
Only as quiet day to follow.
I wonder why.

I wonder why a night should seem
So like a sea, so like a prayer
~~How change into a radiant dream~~
~~Yet bring to birth a rainbow dream~~

I wonder why.

A burning desire,

I wonder why a thought should come

The House of Contentment

In Brookfield stands a great house
Beyond a great street
And from each white front door
Out stand great feet.
So still it stands in sun and wind and dew
That far recall the House of Contentment

No one would guess, as you pass by,
To enter in the flames
In hundred years ago
A parent of sorrows
A harbor of unfortunate love and
A scene for Roman

You there in Brookfield, when stood
Upon its balcony
And looked with hatred
And the market
And for what were
Her relentless

They fled beneath an angry sky
To meet an angry surge;
The mariners thought upon their fair
The sea-birds sang a dirge.
She knew her angry sire was close behind
And kissed the sand upon the beach

"Guard ye the star, ye twilight child,
That shone upon your birth,
Guard ye your part upon the sea,
I'll guard upon the earth.
[illegible] & your steps your white [illegible]
For clasping [illegible]

She breathed a [illegible]
That love might [illegible]
For [illegible]
The way [illegible]
She stepped [illegible]
And met [illegible]

Sailor
Sapphics or ballad

Love asked for much of those he grew
A fleeting love of blue;
For youth with reckless love must buy
The raptures of a hue.
Love asked too much of me for all my gifts
And got the cup of bitterness we share.

Love asked for much of those he took
Against the forest trust.
To summon the heart must learn
A world, a word unrest.
And yet we follow blindly down the years
The path of passion though the ache of tears.

They sailed the sea, they found the world
The [illegible] winds forbade
And down I moved like a silver wind
Into the heart of Love.
Then we three were after the memory
And would that map beyond the border line.

She saw her portion on the counter
Not dreamed of turning back;
Then knew that by the old man's
A
And when he lived for forty years
A madness settled in his brain.

In Brooklyn stands a quiet house
Two
And quiet folk walk past it
The
But
O while there

9.7.0 T. M. at Bradley - June 20, 1927

9.40 P.M. at Bendigo - Jun. 30. 1927

The Recital.

Strange and mournful

a rapture of suffering
voiced with ecstatic pain
mysticism

What matter how or why it came
Or whence the wayfarer
Delight planted with the seed
[illegible]

Cecil, Cecil, Cecil!

The Silver Syllables.

Cecile, Cecile, Cecile.

Now cared whence came the song—

A tiny scarlet bird on a dark bough
Brooded over a dark

I whisper at Twilight

I whisper at Twilight

The golden hours, like golden honey bees,
Bore me their sweets of flower and of song;
I whispered low when twilight dimmed the trees,
"Dear, I have loved you the whole day long."

The silver hours, like silver butterflies,
Brought me their glow of evening and I drank;
I whispered low in daylight's twilight skies,
"Dear, I have loved you the long night through."

The years that wind like laden caravans
Leave me their gifts and march on to the past;
I whisper still when twilight closes down,
"All through the ages, our love shall last,
Dear, I shall love you for evermore
down twilight ways
Hand in hand we [illegible]
[illegible] our love shall be
Love shall grow
Till Life's end
I've but it's light but love shall last

Monday morning Sept 22, 1862

Who can measure the intensity
a moment)

Charles Northfield Cochrane, Esq. and
Lady, a Simple, [illegible] Christian
[illegible] personality & [illegible]. That were the
beginning & many big [illegible].
Then is no occasion to tell of other
[illegible] were [illegible] to [illegible] Christ
to [illegible] for [illegible] and [illegible]
[illegible] [illegible] of growing [illegible]
and [illegible]

Neither New Orleans or [illegible]
can forget that early friendly attitude
Especially do I remember with [illegible]
the [illegible] of Mrs Stetson & Hemenway
Library who added to her [illegible] the
[illegible] love to [illegible] [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]

When the Elizabeth family left
Oakland for [illegible] (1911) [illegible]
[illegible] [illegible] [illegible]
[illegible] [illegible] [illegible]

It was in Cleveland early in the century - that is - a young woman from the West - first met Charles Wakefield Cadman, who like myself was then a struggling artist, passionately devoted to music. That was the beginning of my big moment which was to influence profoundly my entire future life.

That was the occasion to speak of the interesting years we spent in Cleveland, Chicago, Los Angeles and New York, during which time the power of opera singing collaborated with composition. Neither Mr. C. nor I can ever forget that early period when the Tuesday Musical Club played its part in it as well as other musical organizations of the time. Later on in Chicago the Amateur Musical Club was established. It did much to stimulate musical interest and to foster composition. Without all that it afforded our work would have been much more difficult.

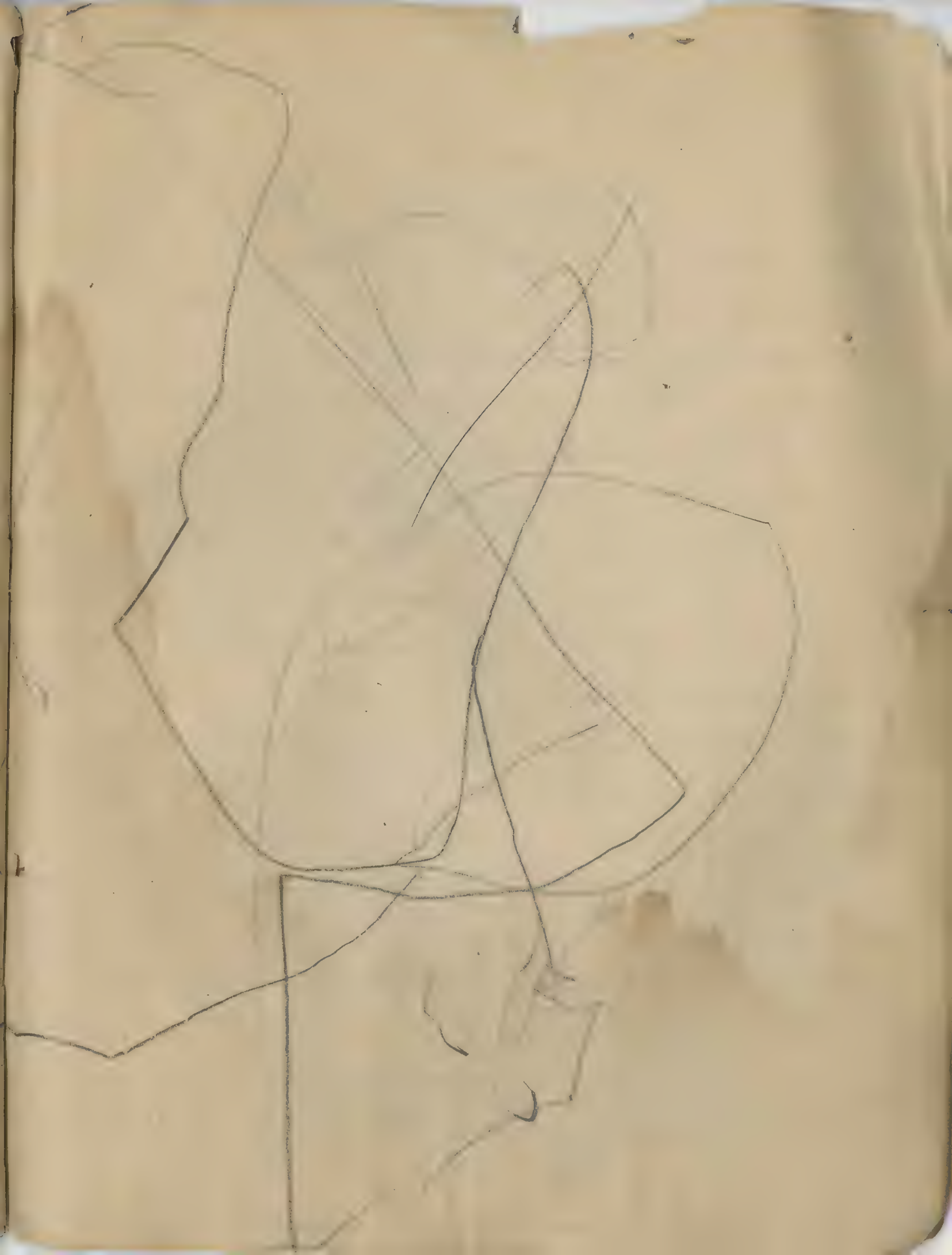
When the Eastman family left Pittsburgh in 1917, it was to follow Mrs C V to Los Angeles to write "Shanewis" an opera using much Indian material. Rapidly was the opera composed and submitted to Mr. Gatti-Casazza in New York. The decision of Grand opera from the repertoire of the Metropolitan Company was one shock. In an incredibly short time a long wire came. The stunning sentence was: "The acceptance of the terms of this telegram constitutes a contract." The signature was the magic name Gatti-Casazza.

1950

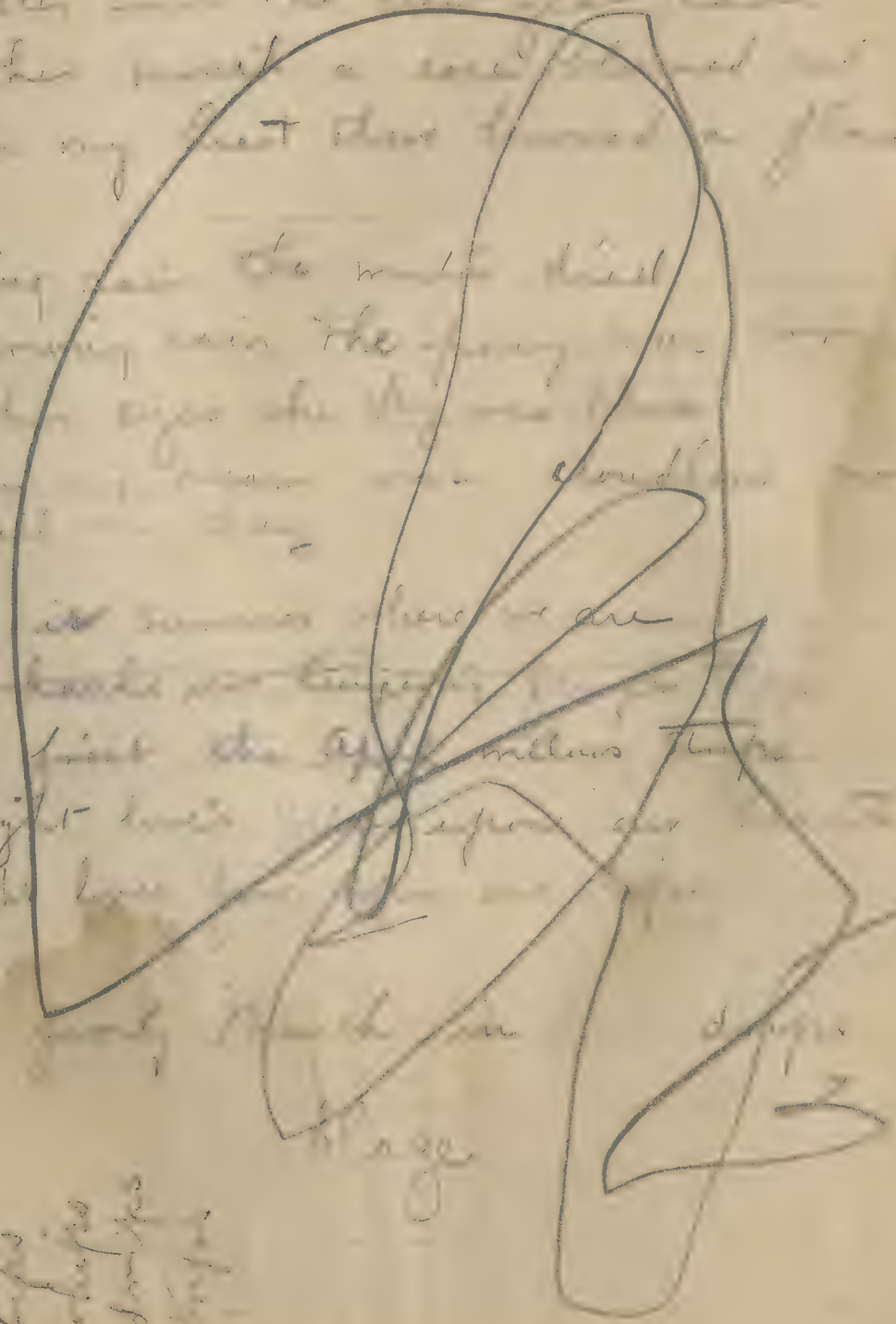
Nov. 17 - 1923 12.32 P.M.
Jan. 22 - 1927 - afternoon

Across green meadows in the spring
Came a song of loveliness
It was a young nightingale
Though heedless was a joyous singer
It caught the lyric language of
And filled it with the May air
So like the [illegible] and clear
O world, O world be gay with me.

Then dark clouds flung the song
With many notes of happiness
With added [illegible]
They wrung [illegible]
For I am dumb with speaking
And gaiety [illegible]
And [illegible]
O world, O world be gay with me.



4:37 P.M. - Feb. 4, 1927



4.37 P.M. Feb 4 - 1927

In bitter snow the old year went
In bitter snow the new year came
But on her lips the rose was red
And in my heart there burned a flame

For nor knew we that
Nor knew we that
any one was at our
With and icy fingertips

The fire of meeting lips.

9.55. Oct. 31, 1933 P.M.

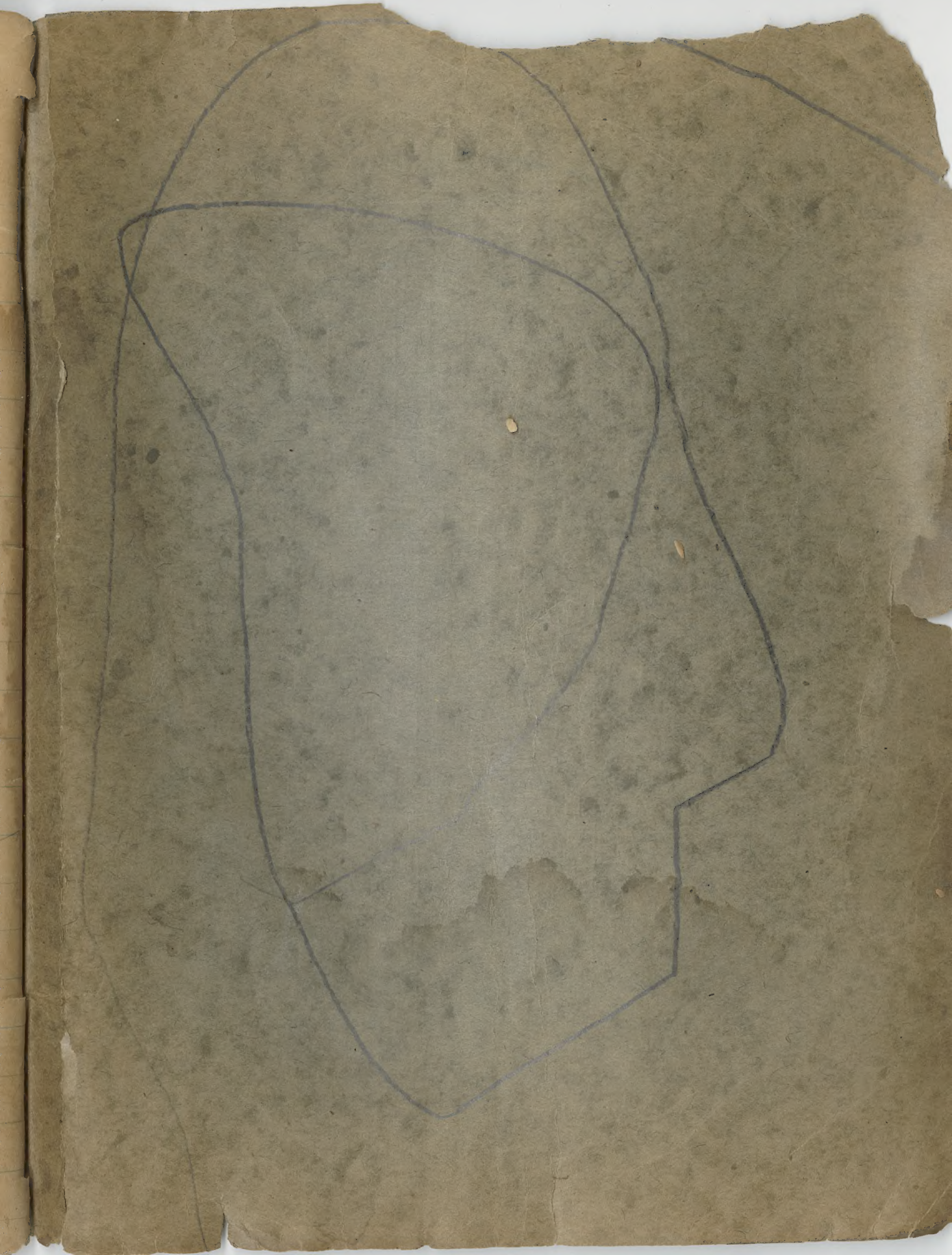
once Spring led a
O Spring come lead me to the wood
All gauzy green and filled with song
Where once beside a brook I stood
And watched the water slide along
And with the water carelessly

June 18 - 1934 A.M.

I set a little rainbow dream
To sail into a far countree
And watched it lightly down the stream
went my way

O that was years and years ago
And almost I forget the day.
I set the rainbow wish afloat
And smiled to watch it drift away
But yesterday beside that brook
In autumn rain
In some distress
I stood in tears and dreamed him
there in the

Filled to the hull with happiness
My rainbow dream came back to me



Useful Information.

MULTIPLICATION TABLE.

1	2	3	4	5	6	7	8	9	10	11	12
2	4	6	8	10	12	14	16	18	20	22	24
3	6	9	12	15	18	21	24	27	30	33	36
4	8	12	16	20	24	28	32	36	40	44	48
5	10	15	20	25	30	35	40	45	50	55	60
6	12	18	24	30	36	42	48	54	60	66	72
7	14	21	28	35	42	49	56	63	70	77	84
8	16	24	32	40	48	56	64	72	80	88	96
9	18	27	36	45	54	63	72	81	90	99	108
10	20	30	40	50	60	70	80	90	100	110	120
11	22	33	44	55	66	77	88	99	110	121	132
12	24	36	48	60	72	84	96	108	120	132	144

Table Showing Value of Foreign Money in Dollars, Cents and Mills.

As Established by an act of Congress, March 3, 1873.

The Pound Sterling of England, Ireland and Scotland, —$4.86.65.

12d.—1s.; 20s.—*£1. The value of 1d. is 2cts.; of 1s. is .24½

The Franc of France, Belgium and Switzerland, .19.3 cts.

The Reichsmark (Royal-mark) of the German Empire, .23.8 cts.

The Crown of Denmark, Sweden and Norway, .26.8 cts.

The Lera of Italy, and the Peseta of Spain, .19.3 cts.

The Florin of Austria, .41 3.

The Florin of Holland, .40 2.

The Piaster of Turkey, .04 4.

The Dollar of Mexico, .90 9.

The Rouble of Russia, .66 6.

The Milreis of Brazil, .54 5.

The Peso of Cuba, .92 5.

The Dollar of Canada, 1.00 0.

*Note—£, Stands for Pound Sterling; s, for Shillings; d, for Pence.

Avoirdupois Weight.

16 drams (dr.) make 1 oz.
16 oz. " 1 lb.
100 lbs. " 1 cwt.
20 hundredwt's " 1 ton.

Troy Weight.

24 grains (gr.) make 1 dwt.
20 pennyweights " 1 ounce.
12 ounces " 1 lb.

Apothecaries's Weight.

20 grains make 1 scruple.
3 scruples " 1 dram.
8 drams " 1 ounce.
12 ounces " 1 pound.

Long Measure.

12 inches make 1 foot.
3 feet " 1 yard.
6 feet " 1 fathom.
5½ yards " 1 pole or rod.
40 poles " 1 furlong.
8 furlongs " 1 mile.
69 1-6 miles " 1 degree.
320 rods " 1 mile.

Square Measure.

144 sq. in. make 1 sq. ft.
9 sq. ft. " 1 sq. yd.
30¼ sq. yds. " 1 sq. pole.
40 sq. poles " 1 rood.
4 roods " 1 acre.
640 acres " 1 sq. mile.

Solid or Cubic Meas.

1728 cu. in. make 1 cu. ft.
27 cu. ft. " 1 cu. yd.
128 cu. ft. " 1 cd. wood.
24¾ cu. ft. " 1 perch stone

NOTE.—A cord of wood is a pile 8 ft. long, 4 ft. wide, and 4 ft. high; therefore, 8x4x4=128.

A perch of stone or brick is 16½ ft. long, 1½ ft. wide, and 1 ft. high.

Dry Measure

2 pints (pt.) 1 quart.
8 quarts (qt.) 1 peck.
4 pecks (pk.) 1 bushel.
36 bushels (bu.) 1 chaldron.

Liquid Measure.

4 gills make 1 pt.
2 pints " 1 qt.
4 quarts " 1 gal.
31½ gallons " 1 barrel.
2 bbl. or 63 gal. " 1 hogshead. (hhd.)

Paper Measure

24 sheets (sh.) make 1 quire.
20 quires (qr.) " 1 ream.
10 reams (r.) " 1 bale.

Miscellaneous Denominations.

12 units make 1 dozen.
12 doz. " 1 gross.
12 gross " 1 gr. gross.
20 units " 1 score.
56 lbs. " 1 firkin of butter
100 lbs. " 1 quintal of dried salt fish.
100 lbs. make 1 cask of raisins.
196 " " 1 bbl. of flour.
200 " " 1 bbl. of beef, pork or fish.
280 lbs. make 1 bbl. of salt at the N. Y. State Salt Works.
32 lbs. make 1 bush. of oats.
48 " " 1 " of barley
56 " " 1 " of corn or rye.
60 " " 1 " of wheat.

A score is 20.
A hand is 4 inches.
A fathom is 6 feet.
A knot is 6086 feet.
3 knots 1 league.